

THE DES MOINES IKE



DES MOINES CHAPTER NEWSLETTER
DEFENDERS OF SOIL, AIR, WOODS, WATERS AND WILDLIFE
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 4343 George Flag Parkway, Des Moines, IA 50321 (515) 244-3773

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Menus and Programs

January 3, 2017: No meeting

January 10, 2017: Catfish

Ticket Sellers: Kerry Petersen and Bill Gay

Program: Ann Robinson from the Iowa Environmental Council will present a program on Nitrates in drinking water.

January 17, 2017: Pork Flat Irons

Ticket Sellers: Bruce Skidmore and Denny Reynolds

January 23, 2017: Board Meeting at 6 p.m. All are welcome!

January 24, 2017: Chicken Fried Steak

Ticket Sellers: Craig Rogers and Bryan Glider

January 31, 2017: New York Strips

Ticket Sellers: Mike Sheridan and Bud Hartley

There are alternatives to the main entrée available such as Chef Salad, a fish entrée, and usually one other entrée. Dinner is served from 6 to 7:00 p.m. and the program starts at 7 p.m.

A Joke from Mr. Petersen
 Some days it seems like the only way!

Officers 2016/2017

President: Craig Rogers

1st VP: Mark Shore

2nd VP: Mike O'Deay

Secretary: Joe Gavin

Treasurer: Richard "Bo" Galloway

Past President: Fred Baumann

Honorary Pres: Tom "Bear" Robinson

Directors 2016/2017

Tom Dudley

Bryan Glider

Bud Hartley

E.M. (Mel) Hrubetz

So ... game warden pulls up next to a boat where two gentlemen are dynamiting fish. He says "you boys are under arrest!" The man nearest to him looks disinterested, takes his zippo lighter out, lights another stick of dynamite. He hands it to the warden and says "are you going to talk, or are you going to fish?" (Rimshot!)



Fig. 1: Fly rod

Robert Jackson Sr.
Earl Kaminski
Mike Simpson

Editor: [Bud Hartley](#)

Kitchen Volunteers Needed

Kitchen volunteers are needed for Tuesdays and Saturdays. Including cleaning, making salads, dishwashing and other great opportunities to help out the club. To volunteer see Carolyn or call her at (515) 244-3773.

Des Moines Bald Eagle Days, February 10-11, 2017

On February 10, the Iowa DNR will be hosting a Lunch with Eagles at Grays Lake, 2100 Fleur Drive in Des Moines. There will be outdoor viewing and a replica eagle nest from 11 a.m. – 1 p.m. Call 515-248 6369 for information.



Ikes Remember: In Memorial

Larry Naber

August 22, 1948 - November 23, 2016



Larry served with the U.S. Army in Vietnam. He joined the Iowa State Patrol in 1970 and served 33 years, retiring as Captain. Larry also taught and served as chair of the criminal justice program at DMACC. He was a member of VFW Post 9662 (Ankeny) and the Izaak Walton League. Thank you for your service Larry.

Henry Schneider IV

October 24, 1949 - November 29, 2016



Henry had a love and passion for hunting, water fowl and all things outdoors. He was a charter member of the New Pioneer Gun Club and a member of Ducks Unlimited, the Izaak Walton League, and the National Rifle Association. Henry valued his friends and family dearly, and we thank him for his service.

William Charles (Bill) Walling

October 30, 1928 – December 1, 2016



Bill served in the Marine Corps in WW II, and was called back to serve in Korea where was honored with both the Silver Star for bravery and the Purple Heart. He was a member of the Elks Lodge, the Isaac Walton League, the VFW, the American Legion, and the Korean Veterans Associations. Thank you for your service Bill.

Ice Safety Reminder

The recent blast of arctic air is growing ice on lakes and ponds over much of Iowa and sending anglers out for the popular early ice fishing of the season.

Safety Tips on the Ice

- There is no such thing as 100 percent safe ice.
- New ice is usually stronger than old ice.
- Ice fishing is a social activity, don't go out alone. If the worst should happen, someone would be there to call for help or to rescue.
- There could be pockets of thin ice or places where ice recently formed, so check ice thickness as you go out.
- Avoid off-colored snow or ice. It is usually a sign of weakness.
- The insulating effect of snow slows down the freezing process.
- Safety items in the bucket: Ice picks, about 50 feet of rope and a throwable floatation seat cushion for use in case of rescue.

Make Your Tax-Deductible Donation to the Izaak Walton League Today!

This year please consider a gift to the Des Moines Chapter of the Izaak Walton League of America. Your tax deductible donation can help support the Gun Range, **renovation of the Archery Range** and all of the other services our club provides to the community.

The Archery Range is structurally sound, but all of the targets need to be replaced. They have lasted since 2007 or 2008 totally exposed to the elements!

That's a pretty good record, but all good things must end. Replacement cost for 14 targets is about \$3,500. You can even put your name or your Business Name on the top of individual targets! As you know the shorter distances, closer to the tower, the more recognition you will get!

Please advise if you need an additional tax receipt for you or your company.

Thank you!

This Month's Quote

"One swallow does not make a summer, but one skein of geese, cleaving the murk of March thaw, is the SPRING." ~Aldo Leopold

The Des Moines Chapter of the Izaak Walton League of America

4343 George Flagg Parkway, Des Moines, IA 50321

Hunting's New Frontier – League Chapters Connect with Urban Opportunities

©2016, Bruce Ingram, The Izaak Walton League of America - Outdoor America, Issue 4

Many League chapters around the country are engaging youth, adults, and people with physical challenges in the outdoors through shooting sports. Some chapters have tied this outreach to urban/suburban bowhunting.

The Des Moines Chapter in Iowa, for example, uses its annual community expo to "match up the needs of handicapped hunters, new adult hunters, and perspective youth hunters to get them out in the outdoors," says Rick Cerwick, former chapter president who currently chairs the Iowa Outdoor Expo. "We show them what to do in terms of hunter education, finding places to hunt, and what agencies to contact and resources to tap into."

"We've found that people at the Expo are very open to becoming hunters, especially kids and young dads," Cerwick says. "It helps that there are urban bowhunting zones in this area. We also show folks how to tap into their network of people they know to find places to hunt."

Polk County launched an urban bowhunting program in 1996 based on recommendations from the Polk County Deer Task Force. Hunting is allowed in designated deer management zones on public and private land. Potential hunters must pass a bowhunter safety education course and an archery proficiency test. More than 320 antlerless deer were harvested during the county's 2015-2016 bowhunt season, including 132 deer in Des Moines.

Shovel-ready Projects Need the Natural Resources & Outdoor Recreation Trust Fund

©2016, Iowa's Water and Land Legacy

Throughout Iowa there are at least \$673.3 million in shovel-ready projects identified in a new study released titled "Unmet Needs: How the Natural Resources & Outdoor Recreation Trust Fund can address our biggest challenges."

Iowa's trust fund remains unfunded six years after it was created. Iowa law requires the legislature to pass and the governor to sign into law a sales tax increase of 3/8ths of a cent to fund the trust fund. Raising the sales tax will generate an estimated \$200 million annually in protected conservation funding. Polling shows increasing the sales tax is supported by more than 60% of Iowans, and Iowa's Water and Land Legacy is a coalition of business leaders, conservationists, sportspeople, farmers, Republicans and Democrats coming together to urge Iowa's leaders to finally increase the sales tax to fund the trust fund.

In 60 cities and towns throughout the state, water quality is diminishing rapidly because of dangerous nitrate levels that have spiked in the last five years. Soil erosion hurts our farmers and our economy. Hunting has taken a hit over the years, too. With pheasant populations in decline, hunters are opting to visit other nearby states for game.

Inaction is not an option. Funding the Trust Fund means we fund hundreds of projects around the state that enhance the quality of our water, soil, hunting, and recreation. Action means creating thousands of new jobs and bringing visitors and tourists back to Iowa, boosting local businesses.

There are several ways to support funding the trust, and it's easy to get involved. Take action by following the link below and choosing one of the available options:

[Take Action Now to Support the Trust!](#)

This Month's Recipe: Soy Honey Glazed Walleye

©2016, David Draper, Field and Stream

This simple Korean-inspired glaze comes together quickly, meaning a delicious fish dinner can be on the table in just 30 minutes. While the recipe calls for walleye, any firm, white fillets will do. Or try the glaze with salmon, adjusting the cooking time accordingly. For an extra kick, whisk in a little chili-garlic sauce.

Ingredients

1 lb. walleye fillets

3 Tbsp. honey

1 ½ Tbsp. rice wine vinegar

1 tsp. soy sauce

1 tsp. toasted sesame oil

Optional: 1 tsp. Sriracha or chili-garlic sauce

Sesame seeds

Directions

1. In a shallow dish, whisk together honey, vinegar, soy sauce, sesame oil, and, if desired, Sriracha. Dredge the walleye fillets through the glaze, coating both sides. Marinate for 30 minutes to an hour.
2. Place the oven rack about 6 inches from the top of the oven and set the oven to broil.
3. Place the fillets in a broiler pan or other cooking dish, and set under the broiler. Broil until cooked through, about 8 minutes depending on the thickness of the fillets. Remove fillets from the oven, sprinkle with sesame seeds, and serve over rice or noodles with a side of kimchi.

Report Highlights Progress and Long-Term Challenges of Iowa Stream Nutrient Monitoring

©2016 Iowa DNR

DES MOINES -- A 2016 report of Iowa's water monitoring efforts for nutrients highlights both the complexity and long-term value of evaluating nutrient levels in Iowa's lakes, streams and rivers.

Developed jointly by the Iowa Department of Agriculture and Land Stewardship and Iowa Department of Natural Resources, with the support of Iowa State University and the University of Iowa IIHR—Hydroscience and Engineering Center, the report is the first of its kind in Iowa and includes a comprehensive list of surface water monitoring efforts specific to nutrients.

The report was developed in support of the Iowa Nutrient Reduction Strategy and is available at www.nutrientstrategy.iastate.edu/documents underneath the heading "Supplemental Documents."

"Iowa has a comprehensive water quality monitoring effort in place that is supported by a variety of partners. Monitoring results were central to identifying the practices highlighted in the Iowa Nutrient Reduction Strategy and have provided valuable information as we have established priority watersheds. It continues to be an important part of our efforts as we work to increase the pace and scale of practice adoption needed to improve water quality," Iowa Secretary of Agriculture Bill Northey said.

Water monitoring can be used for a variety of purposes and look at a broad range of parameters. This report focused specifically on the numerous water monitoring projects for nutrients in place across Iowa to better understand the water quality status of streams and rivers. The report discusses the complexity of nutrient monitoring and practices; for example, when changes are made within a target watershed, water quality improvements will likely be visible sooner in smaller watersheds compared to a larger watershed. Therefore, current monitoring efforts target a variety of scales, including:

- Large Watersheds: (approximately 950,000 acres, or about 2.5 counties in area). This includes Iowa DNR's fixed-station network that monitors 60 sites across the state and the University of Iowa's IIHR – Hydroscience and Engineering management of 45 real-time monitoring stations.
- Small Watersheds: (approximately 22,500 acres, or about 16 per county). Several initiatives have been developed, including 18 projects with the Iowa Water Quality Initiative focused on targeted small-scale watershed areas. These focus on helping farmers implement proven conservation practices and monitoring to confirm their effectiveness.
- Paired Watersheds: Two ongoing projects in Iowa look at similarly sized watersheds where one receives targeted conservation practices and the other does not. Water monitoring at the outlet of each watershed examines the collective impact of conservation practices.
- Edge-of-Field Monitoring: The Iowa Soybean Association, Iowa State University and a number of other organizations conduct monitoring at the edge of farm fields through farmer collaboration and on research sites. This scale of monitoring is used to inform, target and prioritize implementation due to ability to implement practices that can have a measurable effect in a shorter time frame.

Even with the extensive network of water monitoring efforts in place, measuring changes in natural ecosystems presents several technical, scientific and policy challenges. The report outlines several of those complicating factors, including legacy nutrients, lag time, limitations of conservation practice data, extreme weather events, locations of monitoring sites, importance of long-term data collection and variable precipitation, and stream flow.

"While challenges exist, we believe continued nutrient monitoring is critical to understanding what Iowa can do to be successful," said Chuck Gipp, DNR Director. "All partners involved in developing this report know the value of long-term evaluation and are committed to continuing with a science-based approach to nutrient reduction in Iowa waters."

The Nutrient Reduction Strategy is a research- and technology-based approach to assess and reduce nutrients, specifically nitrogen and phosphorus, delivered to Iowa waterways and the Gulf of Mexico. Monitoring Iowa streams provides insight into measuring water quality progress and the reduction of surface water nutrient loss. The Nutrient Reduction Strategy aims to reduce the load, or amount of nutrients, lost annually from the landscape. According to Gipp, this report serves as a means to improve understanding of the extent of current nutrient monitoring networks in Iowa.

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